



WELLBEING NEWS



SPECIAL REPORT

Celebrating Father's Day



For many years now, the role of fathers has changed and evolved. During the industrial revolution, fathers were often considered detached and distant due to working long hours in factories. However, today things have changed dramatically with many dads being celebrated for being sensitive, caring and more hands-on.

Recent studies have shown that children benefit greatly from having fathers or significant men who are present and interacting in everyday activities. This has transformed the understanding of how fathers shape children's lives from the start, challenging conventional ideas of parenthood and gender.

Research also suggests that fathers influence their sons and daughters in different ways, which is especially true during their transition to adolescence. Engaging in regular physical activities can play a key role in influencing children to learn self-control, face challenges, regulate emotions and take manageable risks.

In this Special Report, fathers, and father figures, will learn about the positive impact they can have on their child's mental health and wellbeing, whilst also ensuring they indulge in a little self-care.

We hope you take time to reflect on the information offered in this Special Report, and as always, we welcome your feedback.

If you do have any concerns about the wellbeing of your child, please contact the school for further information or seek medical or professional help.

Here is the link to your special report:

https://spcamperdown.catholic.schooltv.me/wellbeing_news/celebrating-fathers-day

TERM 3 WHOLE SCHOOL REWARDS **Week 6**

Mercy	Lourdes	Nazareth	Fatima
4	17	7	9
4	17	7	9



WHO LOST THEIR DAD.
+ AN EXTRA HUG *to*
THOSE WHO LOST THEIR
DAD THIS PAST YEAR + A HALF



HEALING FROM ESTRANGED
RELATIONSHIPS WITH
WITH *their* DAD



DADS WHO LOST
THEIR BABIES



FIRST TIME DADS
FIGURING *it* ALL OUT

**A SPECIAL
FATHER'S DAY
to THOSE...**

@STEPHANIECHINNART



WHO LONGED FOR A
BETTER FATHER FIGURE



WHO STEPPED *in* AS
FATHER FIGURES +
BONUS DADS



WHO CAN'T BE WITH
THEIR DAD *today*



DADS WHO ARE
DOING *their* BEST...



A FREE WEBINAR

Digital media literacy & safety

PART III

Supporting Primary & Secondary students

This webinar is **Part III of a series**.
In this session, topics include:

- New Social Media Regulations
- Digital Footprint and Reputation
- Screen Time and Brain Development
- Parental Controls



Online, Wednesday
3 September, 2025
7.30 - 8.30 pm



Dr Michael Carr-Gregg

Renowned child and adolescent psychologist, Michael has years of experience working with young people and families and was Chair for the Cybersafety Committee.



Susan McLean

As Australia's foremost cybersafety expert and founder of Cyber Safety Solutions, Susan will offer proactive strategies to help keep young people safe.

Don't miss out.
FREE event.
Scan to register.



You've got what
it takes to *Ask*

RU OK?™



*You've
got this!*



RU OK?™

RU OK? Day

Thursday 11th of

September

**Casual (Yellow) Clothes Day
Class & Whole School Activities**